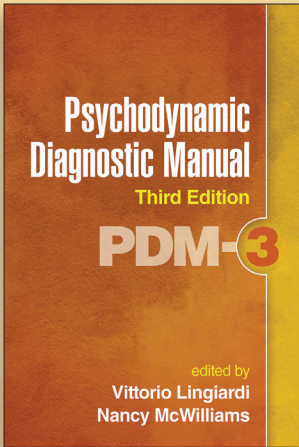


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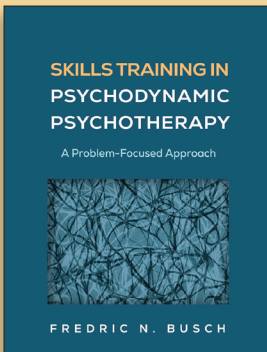


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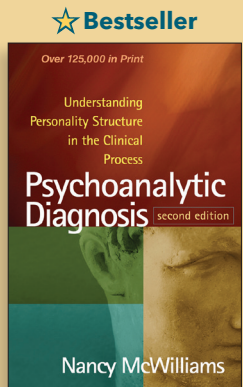
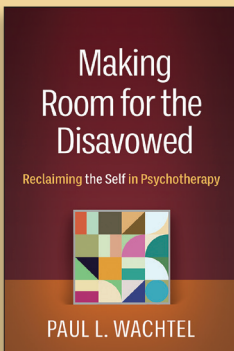
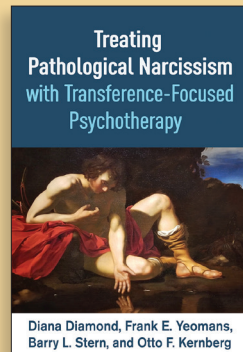
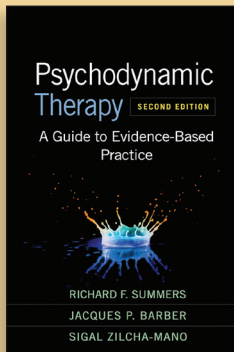
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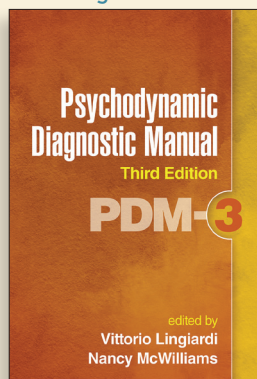


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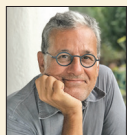
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Vittorio Lingiardi, MD, is a psychiatrist and psychoanalyst. He is Full Professor of Dynamic Psychology and past Director of the Clinical Psychology Specialization Program in the Faculty of Medicine and Psychology of Sapienza University of Rome in Italy.



Nancy McWilliams, PhD, ABPP, is Visiting Professor Emerita at the Graduate School of Applied and Professional Psychology at Rutgers, The State University of New Jersey, and has a private practice in Lambertville, New Jersey. She is author or editor

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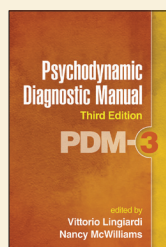
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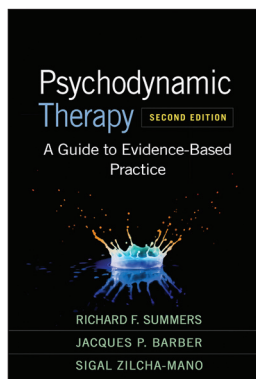
A Guide to Evidence-Based Practice

Richard F. Summers, MD, ABPN, University of Pennsylvania
Jacques P. Barber, PhD, ABPP, Adelphi University (Emeritus)
Sigal Zilcha-Mano, PhD, University of Haifa, Israel

Firmly grounded in contemporary clinical practice and research, this pragmatic guide for professionals and students explains the theory underlying psychodynamic approaches and lays out a model for understanding psychopathology. Vivid case examples demonstrate how to tailor psychodynamic therapy effectively for individual patients. The authors provide a framework for diagnosing the patient's core psychodynamic problem and engaging the most useful mechanisms of change, using an integrative approach. The second edition incorporates cutting-edge research on psychotherapy process and mechanisms of change; a new chapter on telepsychotherapy and new and revised case examples; and more attention to the social determinants of health.

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See also *Practicing Psychodynamic Therapy: A Casebook*, edited by Summers and Barber, which features 12 in-depth cases that explicitly illustrate the approach in this book:
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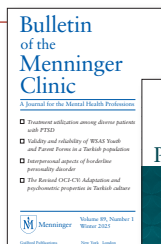
The Official Journal of The American Academy of Psychodynamic Psychiatry and Psychoanalysis

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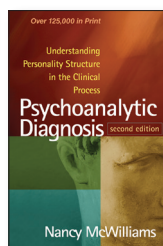


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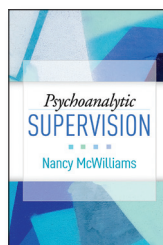
Nancy McWilliams makes psychoanalytic personality theory and its implications for practice accessible to practitioners of all levels of experience. She explains major character types and demonstrates specific ways that understanding the patient's individual personality structure can influence the therapist's focus and style of intervention.

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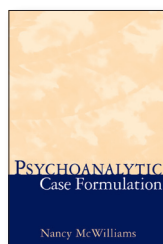
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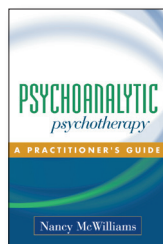
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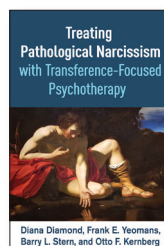
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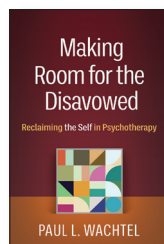
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Paul L. Wachtel, PhD

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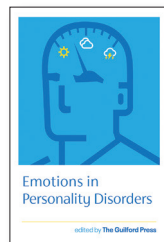
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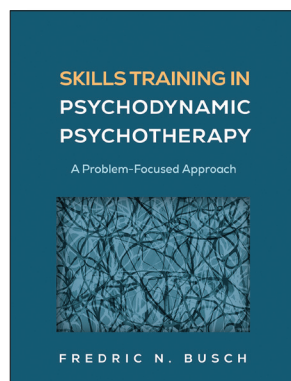
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“Exceptionally user friendly, this book is an invaluable guide for students beginning to do psychodynamic therapy, as well as practitioners aiming to refresh or enhance their psychoanalytic knowledge and skills.”

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ABOUT THE AUTHOR

Fredric N. Busch, MD, is Clinical Professor of Psychiatry at Weill Cornell Medical College and a faculty member of the Columbia University Center for Psychoanalytic Training and Research.

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